

Senior Moments: Taking It Moment By Moment

Monday, November 2, 2009 – By Barbara Krupa, West Hollywood



West Hollywood, California - Thank G-d for Medicare, and with all the doctors I've been going to someone is getting rich.

I have learned to take a book along. Sometimes the wait is nothing more than 10 minutes but as today's visit is to a new doctor, it became almost two hours. One and one half hour wait to see my new doctor. I brought along 'Marley and Me' so I could laugh while I waited. A good choice as it turned out. My new doctor had seen the movie and almost gave away the ending. It put us on a very even basis. It's been a long time since I viewed doctors as Gods, although I do have one that I would follow anywhere (and you know who you are!).

So my day started with news of a minor surgery. I have now reached the pinnacle of Senior Hood!!! I used to look at the pills my Mom took and my eyes would bug out. Now I'm taking as many, and maybe more. But I beat her out with illnesses, operations general aches and pains. By the way, the free seasonal flu shots were a very successful endeavor. I, for one, missed them since I was at two other doctor's appointments.



Our Senior Advisory Board were honored to watch the web cam which shows the development of West Hollywood's new library. You can all check it out on EarthCam.net. Username WeHo and password library. Then sit back and watch the fun. Well, if you're 30 something, you might want to watch something else on a cam, but for me this was enough excitement for the rest of the day.....



I encourage you to stop by City Hall and pick up your free Senior Advisory Board booklet. You will find some extraordinary information of events that you can participate in here in our wonderful West Hollywood, and remember, if you're not a senior now, you will be (G-d willing). Yesterday I went shopping. Not a big social event, but a laugh a minute here in West Hollywood. Going to CVS and using their elevator just brings us all closer together. If you haven't been there, here's the routine. You get in after parking on, let's say the first floor. Hit the CVS button and it may take you to parking on the 3rd floor. Then if someone else gets in, and hits parking 2 that's where you end up. Getting to the drugstore itself, just a matter of time, patience and a lot of humor.

Then I went to Cost Plus. Two fellows in front of me were buying a lot of items. The cashier asked them what they were going to use them for and they answered "A Target commercial". Good she said Cost Plus will get some free advertisement. "Nope, all of the Cost Plus labels were being removed." Only in West Hollywood.

Now if you all have some other places you want me to visit, just write my lovely Editor and he'll send me out with my trusty pen and paper.

One of these days I'll get a laptop....See you next week....